

President's Message

Procrastination is a behavior which is characterized by the deferment of actions or tasks to a later time.

For an individual, procrastination may result in stress, a sense of guilt, the loss of personal productivity, the creation of crisis and disapproval from others for not fulfilling one's responsibilities or commitments. These combined feelings can promote further procrastination.

I was looking for something to explain why it took so long for me to write the "President's Message", and I came upon the definition of procrastination above. And it's right on the money--- the more I put off writing the message, the worse I felt and the more I put it off! Finally, a couple of the Board Members (I'll call them "Stephanie" and "Janet") told me that it was time to get busy.

In my favor, I'll have to say there has been a lot of stuff going on---my firm recently merged with another and those of you that have survived that type of thing know how crazy that can be. New paperwork, new tax forms, new computer procedures, new people...the list goes on. Plus, my daughter is getting married. I won't even begin to list all that entails, and it's not even until next August. I think the fact that for many of us, change itself is stressful. Sometimes we resist, and we continue to cling to the old way of doing things because we don't feel comfortable with the new.

Speaking of changes... After a lot of thought, discussion and hard work, we now have an electronic version of Para*Graphs. I hope that all of you have really taken a good look at all we now offer online--- the fact that we can update and add articles quickly, vendor discounts as a benefit to our membership, photographs, job listings for members only, technology tips, volunteer opportunities and LAP Gear. It's really become a wonderful tool and I hope that all of you take advantage of what it has to offer. We've added a new Board Member, Tennia Hill, and also welcomed Jennifer Ferguson as Co-Chair of our CIPS Committee—both with great, fresh ideas. Change CAN be good!

We've got lots of great Educational Seminars and Programs planned—please keep your eye on the LAP Calendar for details on these as well volunteer opportunities. Also, the Kentucky Paralegal Conference is coming up (November 6, 2009). If you need information on these or any other LAP business, please don't hesitate to contact one of your Board members.

Pam Byerly, President